



## IT'S MY LIFE

by Jon Bon Jovi  
CD 5627542



Choreo: Intermediate dance for four or more dancer  
by Monika Zöllner, 81737 München

Intro: wait 4 beats, start on right foot  
6 x Step out to side and back

Sequence: Intro-A-B Chorus (of four)  
Break-A-B Chorus (for all)  
Bridge-B Chorus (of two)-Chorus (for all)

### Part A

Cole Step DS-Sl-R-S-Sl-R-S-Step-Sl-DS-DS-R-S forward  
L L R L L R L R R L R L R  
&1 & 2 & 3 & 4 & 5 &6 &7 & 8

Synco Stomp Sto(turn ¼ left)-DT-R-S-DT-R-S use arms  
L R R L R R L face audience  
1 & 2 & 3 & 4

Follow up Sto(turn ¼ right)-DS-R-S-Ki-H in place  
R L R L R L  
5 &6 & 7 & 8

repeat with right foot, turn right/left

### Part B

Joey DS-Ba(xib)-Ba(ots)-Ba(ots)-Ba(xib)-Ba(xif)-Step  
L R L R L R L  
&1 & 2 & 3 & 4

Karate DS-Ki-H-S-Ki-H turn ½ right  
R L R L R L  
&5 & 6 7 & 8

repeat all above, turn ½ left **and add:**

Switch right-left-clap-clap



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## Chorus

### 1. part

4 Run

DS

move forward

2 Twister

DT-Tw/Tw-Heel-up/S1-DS-R-S

in place

L L/R L L/R L R L  
& 1 & 2 &3 & 4

2 Basic

DS-R-S

move backing up

## Chorus

### 2. part

2 Turkey

Heel(ots)-Flap-S(xib)-DS-R-S

move forward

L L R L R L  
1 & 2 &3 & 4

8 Dog Paddles

S1-Step(xib)  
R L

move backing up

## Chorus

### 3. part

Cowboy Step

DS-DS-DS-Br(xif)-H-DS-R-S-R-S-R-S

move forward

L R L R L R L R L R L R  
&1 &2 &3 & 4 &5 & 6 & 7 & 8

turn 1/2 left

Half Ginger

Rock-Step-Step-Rock-Step-Step

move forward

L R L R L R  
& 1 2 & 3 4

2 Stomp-Kick

Sto-Ki-Heel  
L R L

turn 1/2 left

## Chorus

### 4. part

T-Step

DS-DS-DS-DS-DS-Hop-R-S-Hop

move forward

L R L R L L R L L

Triple

DS-DS-DS-R-S  
R L R L R

move backing up

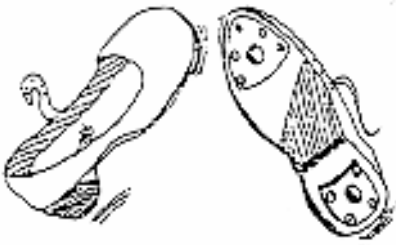
Fancy Double

DS-DS-R-S-R-S  
L R L R L R

move backing up



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Triple Stomp DS-DS-DS-Stomp  
R L R L

turn  $\frac{3}{4}$  right

$\frac{1}{2}$  Tornado DS-Br (around) -Br (around) -Br (around)  
R L L L

2 Samantha turn  $\frac{1}{2}$  left on each

**Bridge**

**two line formation**

Maggi DS-Heel-Heel-Bo/Tip (turn  $\frac{1}{4}$  left) -Heel-up/Sl  
L R R L/R L L/R  
&1 & 2 3 & 4

2 Basic DS-R-S move forward  
repeat three more times to form a box

**Part B**

Joey move forward  
Karate turn  $\frac{1}{2}$  right  
Joey move forward and all form a line of four  
Karate turn  $\frac{1}{2}$  left  
Switch in place

**Chorus**

**of two 1. part**

4 Run DS move forward

Fancy Dbl. DS-DS-R-S-R-S move forward

4 McNamara Ba-H(ots) -R-S(xib) use arms  
L R R L

Delta Step DS-DT(xif) -H-DT(xb) -H-Tip(xib) -Heel(ots) -Sto-DS-DS-R-S  
L R L R L R L/R R L R L R  
&1 & 2 & 3 & 4 5 &6 &7 & 8

8 Dog Paddles Sl-Step(xib) move backing up  
R L



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## Chorus

### of two 2. part

4 Run	DS	move forward
Push off	DS-R-S-R-S-R-S L R L R L R L	move forward
My Way	Sto-DS(xif)-Ba-Ba(xb)-Ba(xif)-Bo/Dig-Sl-DS-R-S-Slur-H R L R L R L/R L R L R L R 1 &2 & 3 & 4 5 &6 & 7 & 8	
MJ Pull	DS-DS(xib)-R-S(ots)/pull(xib)-S-R-S(ots)/pull(xib)- L R L R/L L R L/R &1 &2 & 3 & 4 & 5 &  S-R-S(ots)/pull(xib)-Step R L R/L L 6 & 7 & 8	
Triple	DS-DS-DS-R-S R L R L R	move backing up
Fancy Dbl.	DS-DS-R-S-R-S L R L R L R	move backing up form two lines

## Chorus

### for ALL, in two lines

do the same as above

## Endpose

Hook left foot, hands up